



# THE VEIN & VASCULAR INSTITUTE OF TAMPA BAY



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## Access Scheduling Form

Patient Name: \_\_\_\_\_ Male Female Patient ID: \_\_\_\_\_

Pt phone number: \_\_\_\_\_ DOB: \_\_\_\_\_

Lab script given: Yes NO (No later than 2 weeks before)

I was given a script for lab work at my appointment X \_\_\_\_\_

I will have my lab work drawn no later than 14 days before the procedure X \_\_\_\_\_

**\*\* IF I DO NOT HAVE MY LAB WORK DRAWN 10 DAYS BEFORE THE PROCEDURE, I MAY HAVE TO RESCHEDULE MY PROCEDURE TO A LATER DATE. \*\***

Surgeon: \_\_\_\_\_ Procedure: \_\_\_\_\_

DOS: \_\_\_\_\_ @ \_\_\_\_\_ ARRIVAL Time: \_\_\_\_\_ APPOINTMENT Time: \_\_\_\_\_

Post-Op: \_\_\_\_\_ @ \_\_\_\_\_ Time: \_\_\_\_\_

**\*\*NO FOOD AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE\*\***

Pt. Allergies: \_\_\_\_\_

Is pt on: Warfarin, Coumadin, Jantoven, Lovenox, Arixtra, Pradaxa or Xaralito? Yes NO

Transportation: \_\_\_\_\_ Financials: \_\_\_\_\_

I understand that I will be unable to drive and will ride to and from the procedure with someone  
X \_\_\_\_\_

I was scheduled at the time of test results. I agreed to the date, time and financials X \_\_\_\_\_

I will call at a later date to scheduled my procedure X \_\_\_\_\_

I will watch the pre-op video online at <https://www.tampavascularsurgeon.com>, go to patient info tab, and click on Outpatient Pre-Op Video X \_\_\_\_\_

I was given the Outpatient procedure package for my procedure X \_\_\_\_\_

Cancellation Fees: 5 days prior- \$100 3 days prior- \$250 2 days or less- \$500 X \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date: \_\_\_\_\_

Signature of office staff \_\_\_\_\_ Date: \_\_\_\_\_



## The Vein & Vascular Institute of Tampa Bay

### What to expect the day of surgery

After registration our surgical technician will come to greet you in the waiting room and escort you to the pre-op room of our endovascular suite, where you will be prepared for surgery.

You will be instructed to change into a surgical gown and socks. Please note that no undergarments should be worn under the gown and the gown should be left open in the back. Please leave all jewelry including body jewelry.

(ex. belly rings)

After you have changed into your gown, the nurse will come see you in the pre-op room to have you sign all the necessary forms, check your vital signs and insert the IV through which the sedative will be given.

Once the nurse is finished, the vascular surgeon will come talk to you in the pre-op room. He will discuss the endovascular procedure that will be performed and answer any questions you may have.

Once you are situated in the endovascular suite on the surgical table, the surgical technicians will cover you, use a an electric razor (if needed) to remove hair from the upper thigh area, then a prepping solution will be used to sterilize you from your belly button to your mid-thigh area so you can be ready for surgery.

When you are ready for surgery, the vascular surgeon will enter the room to begin the endovascular surgery.

Through a tiny incision in your groin, the surgeon will perform an angiogram or venogram

After surgery is complete, you will be transferred to the recovery room where you will recover for two hours.

While in the recovery room, the nurse will give you discharge instructions, and then the vascular surgeon will discuss the surgery results with you.

Since you may still feel sleepy, our surgical technician will transport you to your car. **Please remember that you will not be able to drive and you will need a friend or family member to drive you home.**



## The Vein & Vascular Institute of Tampa Bay

### Conscious Sedation and Procedure Educational Material

Your nurse will ask you about any allergies before the procedure.

First, an IV line will be started. An IV line is a plastic tube that is placed into a vein (usually in the hand or arm) so that you can get medicines and fluids during the procedure.

Small pads called electrodes will be placed on your chest to monitor your heart. A plastic strip will be placed on one of your fingers and joined to a pulse oximetry machine. This machine will track your oxygen levels.

A blood pressure cuff will be put on your arm to check your blood pressure and other vital signs during the procedure.

The amount of medication is customized for each patient. Your doctor will decide how much is right for you. The nurse will give you the medicine (called sedatives and analgesics) in your IV and start with a small amount. It will make you very sleepy but you will still be able to respond with your voice, by touch, or by movement. You will be able to breathe on your own while you have conscious sedation.

I understand that conscious sedation may be a necessary part of the course of treatment:

Monitored **Anesthesia Care (MAC)**, also known as **conscious sedation** or twilight sleep, is a type of **sedation** that is administered through an IV to make a patient sleepy and calm during a procedure. **Conscious sedation** is a combination of medicines to help you relax (a sedative) and to block pain (an anesthetic) during a medical. **Conscious sedation** lets you recover quickly and return to your everyday activities soon after your procedure. The patient is typically awake, but groggy, and are able to follow instructions as needed.

## Discharge Instructions *Post Intravascular Ultrasound (I.V.U.S)*

**Activity:** (For patients who received moderate sedation)

*For the next 24 hours:*

- Be taken directly home from surgical center and rest quietly
- You may feel sleepy. **Do not drive, operate machinery or power tools.**
- Do not drink alcohol, including beer and wine
- Do not make any important decisions or sign any legal documents
- Do not smoke if you alone
- If you are going home, you should have a responsible caregiver/adult for 24hours after procedure

*For the next 48 hours:*

- *No heavy lifting (over 10 lbs)*
- *Avoid pushing or pulling motions, such as vacuuming or mowing the lawn*
- *No exercising or straining and avoid using stairs if possible*
- *When you cough or sneeze, hold pressure on the groin puncture site to lessen the chance of bleeding*
- *Keep legs elevated when not ambulating/walking around*
- *Continue compression stockings (knee highs are adequate)*

*Common side effects and what to expect after your procedure:*

- *Soreness and slight bruising at the site of the puncture wound, bruising may last from several days to weeks*
- *If your treatment involved a stent being placed, some temporary back discomfort is to be expected, please take pain medication as prescribed. You may also use a heating pad to lower back.*

*Care of your incision/puncture site:*

- *Keep the dressing in place for 24-48 hours (the dressing is no longer necessary after 48hrs, and can increase risk for infection if left on longer) then remove and replace with band-aid.*
- *After 24 hours, dressing may be removed in shower and cleanse the site gently with soap and water, pat dry, no lotions, powder or cream. Pat dry with a clean towel and cover with a band-aid.*
- *Do not sit in a bath tub or a pool of water for 3-4 days until the wound has completely healed*
- *If your surgeon placed sutures, these will be removed at your follow-up appt.*

*Diet:*

- *You may resume your normal diet*

*Medicines:*

- *Keep taking your usual medications unless told otherwise*
- *If taking metformin, resume after 48 hours*

*Call the doctor if you have:*

- *Redness and/or swelling at IV location site (apply heat, elevate arm and call office)*
- *Redness around site*

*Call 911 if any of the following:*

- *Bleeding from the site, if bleeding occurs, lie down and apply pressure firmly to site (about 2 finger widths above puncture site)*
- *Numbness, tingling or color change in the leg*
- *Increasing pain, firmness near puncture site or frank bleeding*
- *Temp greater than 1015*

Follow up appt \_\_\_\_\_

Comments \_\_\_\_\_

Patient Signature \_\_\_\_\_ RN: \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE CALL 813-387-3038 IF YOU HAVE ANY QUESTIONS OR PROBLEMS**

## **DISCHARGE INSTRUCTIONS FOR ARTERIAL PROCEDURES**

**Activity:** (For patients who received moderate sedation)

For the next 24 hours:

- Be taken directly home from surgical center and rest quietly
- You may feel sleepy. **Do not drive, operate machinery or power tools.** YOU MUST HAVE SOMEONE TAKE YOU HOME
- Do not drink alcohol, including beer and wine
- Do not make any important decisions or sign any legal documents
- Do not smoke if you alone
- If you are going home, you should have a responsible caregiver/adult for 24hours after procedure

For the next 48 hours:

- No heavy lifting (over 10 lbs)
- Avoid pushing or pulling motions, such as vacuuming or mowing the lawn
- No exercising or straining and avoid using stairs if possible
- When you cough or sneeze, hold pressure on the groin puncture site to lessen the chance of bleeding

Common side effects and what to expect after your procedure:

- Soreness and slight bruising at the site of the puncture wound
- Bruising may last from several days to weeks
- Lump the size of a pea or marble at the site for a few weeks

Care of your incision/puncture site:

- Keep the dressing in place for 24-48 hours (the dressing is no longer necessary after 48hrs, and can increase risk for infection if left on longer) then remove and replace with band-aid.
- After 24 hours, dressing may be removed in shower and cleanse the site gently with soap and water, pat dry, no lotions, powder or cream. Pat dry with a clean towel and cover with a band-aid.
- Do not sit in a bath tub or a pool of water for 3-4 days until the wound has completely healed
- If your surgeon placed sutures, these will be removed at your follow-up appt.

Diet:

- You may resume your normal diet

Medicines:

- Keep taking your usual medications unless told otherwise
- If taking metformin, resume after 48 hours

Call the doctor if you have:

- Redness and/or swelling at IV location site (apply heat, elevate arm and call office)
- Redness around site

Call 911 if any of the following:

- Bleeding from the site, if bleeding occurs, lie down and apply pressure firmly to site (about 2 finger widths above puncture site)
- Numbness, tingling or color change in the leg
- Increasing pain, firmness near puncture site or frank bleeding
- Temp greater than 101.5

Follow up appt \_\_\_\_\_

Comments \_\_\_\_\_

Patient Signature \_\_\_\_\_ RN: \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE CALL 813-387-3038 IF YOU HAVE ANY QUESTIONS OR PROBLEMS**

